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c/o StrongLand Chamber of Commerce  
1129 Industrial Park Rd, Box 10, Suite 108  
Vandergrift, PA 15690



[www.strongland.org](http://www.strongland.org)

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## ALLE-KISKI-CONNIE RIVERS SOJOURN



## ANNUAL CANOE SOJOURN

Thursday through Sunday  
May 13-16, 2010

*Join us for a scenic river adventure; paddling through the beautiful Allegheny, Kiskiminetas and Conemaugh Valleys. Share in the rich heritage of these unique waterways.*

Crooked Creek Environmental Learning Center  
142 Kerr Road • Ford City, PA

Organized by:  
**StrongLand Chamber Foundation**

Partnering with: PA Organization for Watersheds and Rivers  
and  
The Department of Conservation & Natural Resources



Sanctioned by the  
American Canoe Association

Enjoy the entire Sojourn Weekend or join us for a portion of it! One, two, and three-day packages are available!

## CALENDAR OF EVENTS

### Thursday, May 13, 2010

6:00-9:00 pm — Registration, pizza and refreshments. Get acquainted. Set up camp.

8:00 pm — Logistics of weekend and safety review.  
*Refreshments provided by Alpha Engineering and Sam's Pops.*

### Friday, May 14, 2010 - For Intermediate & beyond

Conemaugh River-Bolivar to Blairsville - 10 Miles

6:00 am — Continental breakfast/pack gear and lunches.

7:00 am — Caravan leaves for Bolivar. Restrooms at put in. Drop gear and non-drivers, driver's go to Blairsville to take shuttle back to launch.

10:15-10:30 am — Safety talk and Launch

Noon - Lunch on the water.

4:00 pm — Off water, pack gear, return to camp.

6:00pm — Dinner and clean up.

7:00 pm — Program by the Western PA Mushroom Club.

9:00 pm — Campfire/snacks.

### Saturday, May 15, 2010 - For Novice & beyond

Loyalhanna Dam to Avonmore - 9 miles

7:00 am — Continental Breakfast/pack gear.

8:00 am — Caravan to Loyalhanna Dam. Drop gear and non driver's. Driver's take vehicles to Avonmore Take Out.

10:15 am — Safety talk and Launch.

12:30 pm — Take out in Saltsburg. Shuttle to Marchitelli's Kiski Valley Inn for lunch.

4:00 pm — Arrive in Avonmore for Freestyle Paddling Demo, on the Kiski River with Grand National Champion, Marc Ornstein.

5:30 pm — Dinner by Five Starr Catering at Park.

9:00pm — Amateur Astronomer's Association of Pgh.

### Sunday, May 16, 2010 - For Novice & beyond

Buffalo Creek to Tarentum - 6.5 miles

6:00-9:00am — Breakfast at Myrt's Route 66 Cafe. Pack and break camp. Make lunch & snacks.

9:00 am — Caravan to Freeport Access on Buffalo Creek. Drop gear and non-drivers. Driver's leave for Tarentum access on the Allegheny River.

10:30 am — Bus meets driver's at Tarentum access and buses them back to Buffalo Creek launch.

11:00 am — Safety talk and Launch.

12:00 pm—Lunch and explore Jack's Island.

1:00 pm — Travel through Lock and Dam #4, then arrive at Natrona Bottling Company for tour.

3:30 pm — Take out in Tarentum and caravan to J G's Tarentum Station Grille for dinner and presentation of the "coveted" **BROKEN PADDLE AWARD**.

5:00 pm — Leave for home.

All routes, etc. are subject to change due to water/ weather conditions.

Sorry, **NO Pets** Permitted! **No Alcohol** Permitted on the rivers or the weekend at Crooked Creek ELC!

For more information:

E-mail: [strongland@windstream.net](mailto:strongland@windstream.net), phone (724.337.3722) or visit [www.strongland.org](http://www.strongland.org)

Make your checks payable to:

**StrongLand Chamber Foundation**

1129 Industrial Park Rd, Box 10, Suite 108  
Vandergrift, PA 15690  
724.845.5426

For adults 18 years of age and over. Children 12 and up may attend only when accompanied by an adult.

Kayaks, canoes and safety gear available for rent, with reservations from The River's Edge 724.845.9501.

## REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Emergency Contact and Number: \_\_\_\_\_

ACA Member? No \_\_\_ Yes \_\_\_ ID # \_\_\_\_\_

Skill Level:  Novice  Intermediate  Experienced

**(B,L,D,S = Breakfast, Lunch, Dinner, Snack)**

Thursday (S) N/C \_\_\_\_\_  
 Friday (BLDS) Day 1 \$38 \_\_\_\_\_  
 Saturday (BLDS) Day 2 \$38 \_\_\_\_\_  
 Sunday (BLS) Day 3 \$38 \_\_\_\_\_  
 3 Day Sojourn (includes lodging and meals) \$114 \_\_\_\_\_  
Subtotal \$ \_\_\_\_\_

Registration includes one T-shirt (state size)

S	M	L	XL	XXL

Additional T-shirts available at \$10 each (state size and quantity below)

S	M	L	XL	XXL

Extra T-shirt total x \$10 \$ \_\_\_\_\_

Total Amount Enclosed \$ \_\_\_\_\_

**OR Day trippers on Saturday**

Registration fee (no T-shirt) (lunch, insurance and shuttle included) \$30.00 \_\_\_\_\_

A participant packet (including maps) will be mailed to you upon registration.